

NATIONAL ASSOCIATION OF ATHLETICS ADMINISTRATIONS



CARIFTA TRIALS 2023

**11-12 MARCH**

DWIGHT YORKE STADIUM

BACOLET

**PROPOSED PROGRAMME OF EVENTS**

**REVISED**

**DAY ONE**

NO.	TIME	EVENT	CATEGORY	ROUND
1	10:00am	Javelin Throw (500g)	G U-17	Final
2	10:00am	High Jump	G U-17	Final
3	10:00am	Long Jump	G U-20	Final
4	10:00am	Discus Throw (1.75k)	B U-20	Final
51	10:00am	Shot Put (4k)	G U-20	Final
6	10:00am	100m Hurdles (0.838m)	Girls Open Heptathlon	Final
10	10:15am	100m	Boys Open Octathlon	Final
11	10:20am	100m	G U-17	Prelims
6a	10:30am	High Jump	Girls Open Heptathlon	Final
12	10:35am	100m	B U-17	Prelims
10a	10:45am	Long Jump	Boys Open Octathlon	Final
13	10:50am	100m	G U-20	Prelims
14	11:00am	100m	B U-20	Prelims
15	11:00am	High Jump	B U-20	Final
17	11:20am	400m	G U-17	Prelims
18	11:35am	400m	B U-17	Prelims
16	11:45am	Triple Jump	G U-17	Final
44	11:45am	Triple Jump	G U-20	Final
19	11:50am	400m	G U-20	Prelims
6b	12:00pm	Shot Put (4k)	Girls Open Heptathlon	Final
10b	12:00pm	Shot Put (6k)	Boys Open Octathlon	Final
20	12:00pm	400m	B U-20	Prelims
<b>INTERMISSION</b>				
22	1:00pm	Triple Jump	B U-20	Final
40	1:00pm	Triple Jump	B U-17	Final
23	1:00pm	Shot Put (5k)	B U-17	Final
26	1:00pm	Javelin Throw (600g)	G U-20	Final
5	1:00pm	100m Hurdles (0.762m)	G U-17	Final
7	1:00pm	100m Hurdles (0.838m)	G U-20	Final
8	1:15pm	110m Hurdles (0.914m)	B U-17	Final
9	1:15pm	110m Hurdles (0.991m)	B U-20	Final
11a	1:30pm	100m	G U-17	Semi-Finals
12a	1:40pm	100m	B U-17	Semi-Finals
13a	1:50pm	100m	G U-20	Semi-Finals
14a	2:00pm	100m	B U-20	Semi-Finals
27	2:00pm	Long Jump	B U-17	Final
28	2:00pm	Shot Put (3k)	G U-17	Final
24	2:15pm	1500m	G U-17	Final
29	2:15pm	1500m	G U-20	Final
25	2:25pm	1500m	B U-17	Final
30	2:35pm	1500m	B U-20	Final
6c	2:45pm	200m	Girls Open Heptathlon	Final
17a	2:55pm	400m	G U-17	Final
18a	3:00pm	400m	B U-17	Final
19a	3:05pm	400m	G U-20	Final
20a	3:10pm	400m	B U-20	Final
10c	3:20pm	400m	Boys Open Octathlon	Final
11b	3:30pm	100m	G U-17	Final
12b	3:35pm	100m	B U-17	Final
13b	3:40pm	100m	G U-20	Final
14b	3:45pm	100m	B U-20	Final

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**DAY TWO**

NO.	TIME	EVENT	CATEGORY	ROUND
32	10:00am	Shot Put (6k)	B U-20	Final
33	10:00am	Javelin Throw (700g)	B U-17	Final
6d	10:00am	Long Jump	Girls Open Heptathlon	Final
10d	10:00am	110m Hurdles (0.991m)	Boys Open Octathlon	Final
38	10:15am	200m	G U-17	Prelims
39	10:30am	200m	B U-17	Prelims
10e	10:30am	High Jump	Boys Open Octathlon	Final
49	10:30am	High Jump	G U-20	Final
41	10:50am	200m	G U-20	Prelims
43	11:00am	Discus Throw (1k)	G U-17	Final
6e	11:00am	Javelin Throw (600g)	Girls Open Heptathlon	Final
42	11:05am	200m	B U-20	Prelims
46	11:40am	800m	B U-17	Prelims
48	11:50am	800m	B U-20	Prelims
21	12:00pm	Discus Throw (1k)	G U-20	Final
<b>INTERMISSION</b>				
31	1:00pm	High Jump	B U-17	Final
50	1:00pm	Long Jump	G U-17	Final
52	1:00pm	Javelin Throw (800g)	B U-20	Final
10f	1:00pm	Javelin Throw (800g)	Boys Open Octathlon	Final
34	1:00pm	400m Hurdles (0.762m)	G U-17	Final
35	1:00pm	400m Hurdles (0.762m)	G U-20	Final
36	1:10pm	400m Hurdles (0.838m)	B U-17	Final
37	1:20pm	400m Hurdles (0.914m)	B U-20	Final
38a	1:30pm	200m	G U-17	Semi-Finals
39a	1:40pm	200m	B U-17	Semi-Finals
41a	1:50pm	200m	G U-20	Semi-Finals
42a	2:00pm	200m	B U-20	Semi-Finals
6f	2:15pm	800m	Girls Open Heptathlon	Final
53	2:15pm	Discus Throw (1.5k)	B U-17	Final
55	2:15pm	Long Jump	B U-20	Final
45	2:20pm	800m	G U-17	Final
46a	2:25pm	800m	B U-17	Final
47	2:30pm	800m	G U-20	Final
48a	2:35pm	800m	B U-20	Final
56	2:40pm	3000m	Girls Open	Final
57	2:50pm	3000m	B U-17	Final
58	3:00pm	5000m	B U-20	Final
10g	3:30pm	1500m	Boys Open Octathlon	Final
38b	3:45pm	200m	G U-17	Final
39b	3:50pm	200m	B U-17	Final
41b	3:55pm	200m	G U-20	Final
42b	4:00pm	200m	B U-20	Final