



NATIONAL ASSOCIATION OF ATHLETICS ADMINISTRATIONS  
NATIONAL GAS COMPANY  
CARIFTA TRIALS 2022  
SATURDAY 12<sup>th</sup> – SUNDAY 13<sup>th</sup> MARCH  
HASELY CRAWFORD STADIUM  
PORT OF SPAIN



**REVISED** PROPOSED PROGRAMME OF EVENTS

**DAY ONE**

NO.	TIME	EVENT	CATEGORY	ROUND
4	10:00am	Discus Throw (1.75k)	B U-20	Final
53	10:00am	Discus Throw (1.5k)	B U-17	Final
5	10:00am	100m Hurdles (0.762m)	G U-17	Prelims
6	10:00am	100m Hurdles (0.838m)	Girls Open Heptathlon	Final
7	10:00am	100m Hurdles (0.838m)	G U-20	Prelims
9	10:15am	110m Hurdles (0.991m)	B U-20	Prelims
2	10:30am	High Jump	G U-17	Final
49	10:30am	High Jump	G U-20	Final
6a	10:30am	High Jump	Girls Open Heptathlon	Final
11	10:30am	100m	G U-17	Prelims
10	10:40am	100m	Boys Open Octathlon	Final
12	10:40am	100m	B U-17	Prelims
13	10:55am	100m	G U-20	Prelims
14	11:00am	100m	B U-20	Prelims
10a	11:00am	Long Jump	Boys Open Octathlon	Final
27	11:00am	Long Jump	B U-17	Final
55	11:00am	Long Jump	B U-20	Final
18	11:30am	400m	B U-17	Prelims
20	11:40am	400m	B U-20	Prelims
<b>INTERMISSION</b>				
21	12:30pm	Discus Throw (1k)	G U-20	Final
16	12:30pm	Triple Jump	G U-17	Final
22	12:30pm	Triple Jump	B U-20	Final
6b	1:00pm	Shot Put (4k)	Girls Open Heptathlon	Final
10b	1:00pm	Shot Put (6k)	Boys Open Octathlon	Final
28	1:00pm	Shot Put (3k)	G U-17	Final
5a	1:00pm	100m Hurdles (0.762m)	G U-17	Final
7a	1:00pm	100m Hurdles (0.838m)	G U-20	Final
9a	1:10pm	110m Hurdles (0.991m)	B U-20	Final
12a	1:20pm	100m	B U-17	Semi-Finals
14a	1:30pm	100m	B U-20	Semi-Finals
24	1:40pm	1500m	G U-17	Final
25	1:45pm	1500m	B U-17	Final
30	1:45pm	1500m	B U-20	Final
17	1:55pm	400m	G U-17	Final
18a	2:00pm	400m	B U-17	Final
19	2:05pm	400m	G U-20	Final
20a	2:10pm	400m	B U-20	Final
10c	2:20pm	400m	Boys Open Octathlon	Final
6c	2:30pm	200m	Girls Open Heptathlon	Final
11a	2:40pm	100m	G U-17	Final
12b	2:45pm	100m	B U-17	Final
13a	2:50pm	100m	G U-20	Final
14b	2:55pm	100m	B U-20	Final



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**DAY TWO**

NO.	TIME	EVENT	CATEGORY	ROUND
56	8:00am	3000m	Girls Open	Final
57	8:15am	3000m	B U-17	Final
58	8:30am	5000m	B U-20	Final
23	10:00am	Shot Put (5k)	B U-17	Final
32	10:00am	Shot Put (6k)	B U-20	Final
6d	10:00am	Long Jump	Girls Open Heptathlon	Final
50	10:00am	Long Jump	G U-17	Final
10d	10:00am	110m Hurdles (0.991m)	Boys Open Octathlon	Final
38	10:10am	200m	G U-17	Prelims
39	10:20am	200m	B U-17	Prelims
10e	10:30am	High Jump	Boys Open Octathlon	Final
15	10:30am	High Jump	B U-20	Final
31	10:30am	High Jump	B U-17	Final
41	10:35am	200m	G U-20	Prelims
42	10:40am	200m	B U-20	Prelims
43	11:30am	Discus Throw (1k)	G U-17	Final
1	11:30am	Javelin Throw (500g)	G U-17	Final
26	11:30am	Javelin Throw (600g)	G U-20	Final
6e	11:30am	Javelin Throw (600g)	Girls Open Heptathlon	Final
<b>INTERMISSION</b>				
51	12:30pm	Shot Put (4k)	G U-20	Final
52	12:30pm	Javelin Throw (800g)	B U-20	Final
10f	12:30pm	Javelin Throw (800g)	Boys Open Octathlon	Final
33	12:30pm	Javelin Throw (700g)	B U-17	Final
34	12:30pm	400m Hurdles (0.762m)	G U-17	Final
35	12:30pm	400m Hurdles (0.762m)	G U-20	Final
36	12:40pm	400m Hurdles (0.838m)	B U-17	Final
37	12:40pm	400m Hurdles (0.914m)	B U-20	Final
39a	12:50pm	200m	B U-17	Semi-Finals
42a	1:00pm	200m	B U-20	Semi-Finals
6f	1:15pm	800m	Girls Open Heptathlon	Final
45	1:15pm	800m	G U-17	Final
46	1:20pm	800m	B U-17	Final
48	1:25pm	800m	B U-20	Final
10g	1:45pm	1500m	Boys Open Octathlon	Final
38a	1:55pm	200m	G U-17	Final
41a	2:00pm	200m	G U-20	Final
39b	2:05pm	200m	B U-17	Final
42b	2:10pm	200m	B U-20	Final