



NATIONAL ASSOCIATION OF ATHLETICS ADMINISTRATIONS

CARIFTA TRIALS 2020

SATURDAY 7th – SUNDAY 8th MARCH

HASELY CRAWFORD STADIUM

PORT OF SPAIN



PROPOSED PROGRAMME OF EVENTS

DAY ONE

NO.	TIME	EVENT	CATEGORY	ROUND
1	10:00am	Javelin Throw (500g)	G U-17	Final
2	10:00am	High Jump	G U-17	Final
3	10:00am	Long Jump	G U-20	Final
4	10:00am	Discus Throw (1.75k)	B U-20	Final
5	10:15am	100m Hurdles (0.762m)	G U-17	Prelims
6	10:00am	100m Hurdles (0.838m)	Girls Open Heptathlon	Final
7	10:20am	100m Hurdles (0.838m)	G U-20	Prelims
8	10:30am	110m Hurdles (0.914m)	B U-17	Prelims
9	10:45am	110m Hurdles (0.991m)	B U-20	Prelims
10	10:50am	100m	Boys Open Octathlon	Final
6a	10:50am	High Jump	Girls Open Heptathlon	Final
11	11:00am	100m	G U-17	Prelims
12	11:20am	100m	B U-17	Prelims
13	11:50am	100m	G U-20	Prelims
10a	11:50am	Long Jump	Boys Open Octathlon	Final
14	12:20pm	100m	B U-20	Prelims
15	12:20pm	High Jump	B U-20	Final
16	12:40pm	400m	G U-17	Prelims
17	1:00pm	400m	B U-17	Prelims
18	1:30pm	400m	G U-20	Prelims
19	1:50pm	400m	B U-20	Prelims
20	1:50pm	Discus Throw (1k)	G U-20	Final
21	1:50pm	Triple Jump	G U-17	Final
INTERMISSION				
22	2:30pm	Triple Jump	B U-20	Final
23	2:30pm	Shot Put (5k)	B U-17	Final
10b	2:30pm	Shot Put (6k)	Boys Open Octathlon	Final
6b	2:30pm	Shot Put (4k)	Girls Open Heptathlon	Final
5a	2:30pm	100m Hurdles (0.762m)	G U-17	Final
7a	2:40pm	100m Hurdles (0.838m)	G U-20	Final
8a	2:50pm	110m Hurdles (0.914m)	B U-17	Final
9a	3:00pm	110m Hurdles (0.991m)	B U-20	Final
11a	3:10pm	100m	G U-17	Semi-Finals
12a	3:20pm	100m	B U-17	Semi-Finals
13a	3:30pm	100m	G U-20	Semi-Finals
14a	3:40pm	100m	B U-20	Semi-Finals
24	3:50pm	1500m	G U-17	Final
25	3:50pm	1500m	B U-17	Final
26	3:50pm	Javelin Throw (600g)	G U-20	Final
27	3:50pm	Long Jump	B U-17	Final
28	4:00pm	Shot Put (3k)	G U-17	Final
29	4:10pm	1500m	G U-20	Final
30	4:20pm	1500m	B U-20	Final
6c	4:30pm	200m	Girls Open Heptathlon	Final
16a	4:35pm	400m	G U-17	Final
17a	4:40pm	400m	B U-17	Final
18a	4:45pm	400m	G U-20	Final
19a	4:50pm	400m	B U-20	Final
10c	4:55pm	400m	Boys Open Octathlon	Final
11b	5:00pm	100m	G U-17	Final
12b	5:10pm	100m	B U-17	Final
13b	5:15pm	100m	G U-20	Final
14b	5:25pm	100m	B U-20	Final



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**PROPOSED PROGRAMME OF EVENTS****DAY TWO**

NO.	TIME	EVENT	CATEGORY	ROUND
31	10:00am	High Jump	B U-17	Final
32	10:00am	Shot Put (4k)	G U-20	Final
33	10:00am	Javelin Throw (700g)	B U-17	Final
6d	10:00am	Long Jump	Girls Open Heptathlon	Final
10d	10:00am	110m Hurdles (0.991m)	Boys Open Octathlon	Final
34	10:20am	400m Hurdles (0.762m)	G U-17	Prelims
35	10:30am	400m Hurdles (0.762m)	G U-20	Prelims
36	10:35am	400m Hurdles (0.838m)	B U-17	Prelims
37	10:45am	400m Hurdles (0.914m)	B U-20	Prelims
10e	10:45pm	High Jump	Boys Open Octathlon	Final
38	11:00am	200m	G U-17	Prelims
39	11:20am	200m	B U-17	Prelims
40	11:50am	200m	G U-20	Prelims
41	12:10am	200m	B U-20	Prelims
42	12:10pm	Triple Jump	B U-17	Final
43	12:10pm	Discus Throw (1k)	G U-17	Final
6e	12:10pm	Javelin Throw (600g)	Girls Open Heptathlon	Final
44	12:40pm	800m	G U-17	Prelims
45	1:00pm	800m	B U-17	Prelims
46	1:15pm	800m	G U-20	Prelims
47	1:30pm	800m	B U-20	Prelims
INTERMISSION				
48	2:00pm	High Jump	G U-20	Final
49	2:00pm	Long Jump	G U-17	Final
50	2:00pm	Shot Put (6k)	B U-20	Final
51	2:00pm	Triple Jump	G U-20	Final
52	2:00pm	Javelin Throw (800g)	B U-20	Final
10f	2:00pm	Javelin Throw (800g)	Boys Open Octathlon	Final
34a	2:00pm	400m Hurdles (0.762m)	G U-17	Final
35a	2:15pm	400m Hurdles (0.762m)	G U-20	Final
36a	2:30pm	400m Hurdles (0.838m)	B U-17	Final
37a	2:45pm	400m Hurdles (0.914m)	B U-20	Final
38a	3:00pm	200m	G U-17	Semi-Finals
39a	3:10pm	200m	B U-17	Semi-Finals
40a	3:20pm	200m	G U-20	Semi-Finals
41a	3:30pm	200m	B U-20	Semi-Finals
6f	3:40pm	800m	Girls Open Heptathlon	Final
53	3:40pm	Discus Throw (1.5k)	B U-17	Final
54	3:40pm	Pole Vault	B U-20	Final
55	3:40pm	Long Jump	B U-20	Final
44a	3:50pm	800m	G U-17	Final
45a	4:00pm	800m	B U-17	Final
46a	4:10pm	800m	G U-20	Final
47a	4:15pm	800m	B U-20	Final
56	4:25pm	3000m	Girls Open	Final
57	4:40pm	3000m	B U-17	Final
58	4:55pm	5000m	B U-20	Final
10g	5:15pm	1500m	Boys Open Octathlon	Final
38b	5:25pm	200m	G U-17	Final
39b	5:30pm	200m	B U-17	Final
40b	5:40pm	200m	G U-20	Final
41b	5:50pm	200m	B U-20	Final