

**National Association of Athletics Administrations of
Trinidad and Tobago
Programme of Events
Development Meet #9 (MRS)**

10:00 am

Time	Event	Category
10:00 am	100mH	Girls Under 16
10:05 am	100mH	Girls Under 18 & Women
10:10 am	110mH	Boys Under 18
10:15 am	110mH	Boys Under 20 & Men
10:20 am	1500m	Girls Under 20
10:30 am	1500m	Boys Under 20
10:40 am	600m	Men
10:50 am	150m	Girls Under 14
11:00 am	150m	Boys Under 14
11:10 am	100m	Girls Under 16
11:20 am	100m	Boys Under 16
11.30 AM	100m	Girls Under 18
11:40 am	100m	Boys Under 18
11:50 am	100m	Girls Under 20
12:00 NOON	100m	Boys Under 20
12:10 pm	100m	Women
12:20 pm	100m	Men
12:25 pm	400m	Girls Under 18
12:30 pm	400m	Boys Under 18
12:35 pm	400m	Girls under 20
12:40 pm	400m	Boys Under 20
12:45 pm	400m	Women
12:50 pm	400m	Men
12:55 pm	5000m	Men
01:15 pm	800m	Girls Under 18
01:20 pm	800m	Boys Under 18
01:25 pm	800m	Girls Under 20 & Women
01:30 pm	800m	Boys Under 20 & Men
01:35 pm	400mH	Girls Under 18
01:40 pm	400mH	Boys Under 18
01:45 pm	400mH	Women
01:50 pm	400mH	Men
01:55 pm	200m	Girls Under 16
02:05 pm	200m	Boys Under 16
02:15 pm	200m	Girls Under 18
02:25 pm	200m	Boys Under 18
02:35 pm	200m	Girls Under 20
02:45 pm	200m	Boys Under 20
02:55 pm	200m	Women
03:05 pm	200m	Men