



NO	TIME	EVENT	AGE	ROUND
1	9:00am	Hammer Throw (3k & 4k)	G U-18 & G U-20	Final
2	10:00am	Javelin Throw (600g)	G U-20	Final
3	10:00am	Shot Put (6kg)	B U-20	Final
4	10:00am	Long Jump	G U-16	Final
5	10:00am	Long Jump	G U-18	Final
6	10:00am	Pole Vault	B U-18	Final
7	10:00am	100m Hurdles (0.76)	Girls' Hep U-18	Final
8	10:05am	100m Hurdles (0.76)	G U-16	Semi Final
9	10:10am	100m Hurdles (0.76)	G U-18	Semi Final
10	10:20am	100m Hurdles (0.84)	Girls' Hep U-20	Final
11	10:25am	100m Hurdles (0.84)	G U-20	Semi Final
12	10:35am	110m Hurdles (0.84)	B U-16	Semi Final
13	10:40am	110m Hurdles (0.91)	B U-18	Semi Final
14	10:45am	110m Hurdles (0.99)	B U-20	Semi Final
15	11:00am	Discus Throw (1kg)	B U-16	Final
16	11:00am	Discus Throw (1.5kg)	B U-18	Final
7a/10a	11:00am	High Jump	Girls' Hep U-18 & 20	Final
17	11:00am	100m	Boys' Dec U-18	Final
18	11:05am	100m	Boys' Dec U-20	Final
19	11:10am	100m	G U-16	Prelims
20	11:25am	100m	B U-16	Prelims
21	11:40am	100m	G U-18	Prelims
17a/118a	11:40am	Long Jump	Boys' Dec U-18 & 20	Final
22	11:55am	100m	B U-18	Prelims
23	12:00pm	Javelin Throw (400g)	G U-16	Final
24	12:00pm	Javelin Throw (500g)	G U-18	Final
25	12:10pm	100m	G U-20	Prelims
26	12:25pm	100m	B U-20	Prelims
27	12:30pm	High Jump	G U-20	Final
28	12:40pm	400m	G U-16	Prelims
29	12:50pm	400m	B U-16	Prelims
30	1:00pm	400m	G U-18	Prelims
31	1:10pm	400m	B U-18	Prelims
32	1:20pm	400m	G U-20	Prelims
33	1:30pm	400m	B U-20	Prelims
7b/10b	1:30pm	Shot Put (3kg/4kg)	Girls' Hep U-18 & 20	Final
17b/18b	1:30pm	Shot Put (5kg/6kg)	Boys' Dec U-18 & 20	Final
INTERMISSION/MEDAL PRESENTATIONS				
8a	3:00pm	100m Hurdles (0.76)	G U-16	Final
9a	3:05pm	100m Hurdles (0.76)	G U-18	Final
11a	3:10pm	100m Hurdles (0.84)	G U-20	Final
12a	3:15pm	110m Hurdles (0.84)	B U-16	Final
13a	3:20pm	110m Hurdles (0.91)	B U-18	Final
14a	3:25pm	110m Hurdles (0.99)	B U-20	Final
34	3:25pm	Discus Throw (1kg)	G U-20	Final
35	3:25pm	Long Jump	B U-20	Final
19a	3:30pm	100m	G U-16	Semi-Final
20a	3:40pm	100m	B U-16	Semi-Final
21a	3:50pm	100m	G U-18	Semi-Final
36	3:50pm	Shot Put (3kg)	G U-16	Final
37	3:50pm	Shot Put (3kg)	G U-18	Final
22a	4:00pm	100m	B U-18	Semi-Final
25a	4:10pm	100m	G U-20	Semi-Final
26a	4:20pm	100m	B U-20	Semi-Final
38	4:30pm	Javelin Throw (600g)	B U-16	Final
39	4:30pm	Javelin Throw (700g)	B U-18	Final
17c/18c	4:30pm	High Jump	Boys' Dec U-18 & 20	Final
40	4:30pm	1000m	G U-16	Final
41	4:40pm	1200m	B U-16	Final
42	4:50pm	1500m	G U-18	Final
43	5:00pm	Long Jump	B U-16	Final
44	5:10pm	Long Jump	B U-18	Final
45	5:20pm	1500m	B U-18	Final
46	5:30pm	1500m	G U-20	Final
47	5:35pm	1500m	B U-20	Final
28a	5:40pm	400m	G U-16	Final
29a	5:45pm	400m	B U-16	Final
30a	5:50pm	400m	G U-18	Final
31a	6:05pm	400m	B U-18	Final
32a	6:10pm	400m	G U-20	Final
33a	6:20pm	400m	B U-20	Final
7c	7:00pm	200m	Girls' Hep U-18	Final
10c	7:05pm	200m	Girls' Hep U-20	Final
17d	7:10pm	400m	Boys' DecU-18	Final
18d	7:20pm	400m	Boys' Dec U-20	Final
19b	7:30pm	100m	G U-16	Final
20b	7:40pm	100m	B U-16	Final
21b	7:50pm	100m	G U-18	Final
22b	8:00pm	100m	B U-18	Final
25b	8:10pm	100m	G U-20	Final
26b	8:20pm	100m	B U-20	Final



COMPETITION SCHEDULE
Sunday 12th June 2016 – DAY 2

NO.	TIME	EVENT	AGE	ROUND
49	9:30am	Hammer Throw (5k &	B U-18 & B U-20	Final
50	10:00am	Discus Throw	B U-20	Final
51	10:00am	High Jump	B U-20	Final
52	10:00am	Shot Put (4kg)	G U-20	Final
53	10:00am	Pole Vault	B U-20	Final
7d/10d	10:00am	Long Jump	Girls' Hep U-18 & 20	Final
17e	10:00am	110m Hurdles (0.91)	Boys' Dec U-18	Final
18e	10:10am	110m Hurdles (0.99)	Boys' Dec U-20	Final
54	10:30am	400m Hurdles (0.76)	G U-18	Semi Final
55	10:35am	400m Hurdles (0.76)	G U-20	Semi Final
56	10:45am	400m Hurdles (0.84)	B U-18	Semi Final
57	11:00am	400m Hurdles (0.91)	B U-20	Semi Final
17f/18f	11:00am	Discus Throw	Boys' DecU-18 & 20	Final
58	11:00am	Triple Jump	B U-16	Final
59	11:00am	Triple Jump	B U-18	Final
60	11:15am	200m	G U-16	Prelims
61	11:30am	200m	B U-16	Prelims
62	11:45am	200m	G U-18	Prelims
63	12:00pm	200m	B U-18	Prelims
64	12:15pm	200m	G U-20	Prelims
65	12:30pm	200m	B U-20	Prelims
66	12:30pm	High Jump	B U-16	Final
67	12:30pm	High Jump	B U-18	Final
7e/10e	12:30pm	Javelin Throw	Girls' Hep U-18 & 20	Final
68	12:45pm	800m	G U-16	Prelims
69	12:55pm	800m	B U-16	Prelims
70	1:05pm	800m	G U-18	Prelims
71	1:15pm	800m	B U-18	Prelims
72	1:30pm	800m	G U-20	Prelims
73	1:30pm	Long Jump	G U-20	Final
17g/18g	1:30pm	Pole Vault	Boys' Dec U-18 & 20	Final
74	1:40pm	800m	B U-20	Prelims
INTERMISSION/MEDAL PRESENTATIONS				
54a	2:30pm	400m Hurdles (0.76)	G U-18	Final
55a	2:35pm	400m Hurdles (0.76)	G U-20	Final
56a	2:40pm	400m Hurdles (0.84)	B U-18	Final
57a	2:45pm	400m Hurdles (0.91)	B U-20	Final
75	2:45pm	Triple Jump	B U-20	Final
76	2:45pm	Shot Put (4Kg)	B U-16	Final
77	2:45pm	Shot Put (5kg)	B U-18	Final
78	2:45pm	Pole Vault	Girls Open	Final
79	2:45pm	High Jump	G U-16	Final
80	2:45pm	High Jump	G U-18	Final
17h/18h	2:45pm	Javelin Throw	Boys' Dec U-18 & 20	Final
60a	2:45pm	200m	G U-16	Semi-Final
61a	2:55pm	200m	B U-16	Semi-Final
62a	3:05pm	200m	G U-18	Semi-Final
63a	3:15pm	200m	B U-18	Semi-Final
64a	3:25pm	200m	G U-20	Semi-Final
65a	3:35pm	200m	B U-20	Semi-Final
81	3:35pm	Discus Throw (1kg)	G U-18	Final
82	3:50pm	3,000m	Girls Open	Final
83	4:10pm	3,000m	B U-18	Final
7f/10f	4:25pm	800m	Girls' Hep U-18 & 20	Final
68a	4:30pm	800m	G U-16	Final
69a	4:35pm	800m	B U-16	Final
70a	4:40pm	800m	G U-18	Final
71a	4:45pm	800m	B U-18	Final
72a	4:50pm	800m	G U-20	Final
74a	4:55pm	800m	B U-20	Final
84	4:40pm	Triple Jump	Girls Open	Final
85	4:40pm	Javelin Throw (800g)	B U-20	Final
17i/18i	5:00pm	1,500m	Boys' Dec U-18 & 20	Final
60b	5:10pm	200m	G U-16	Final
61b	5:15pm	200m	B U-16	Final
62b	5:20pm	200m	G U-18	Final
63b	5:25pm	200m	B U-18	Final
64b	5:30pm	200m	G U-20	Final
65b	5:35pm	200m	B U-20	Final
87	5:40pm	5,000m	B U-20	Final
88	6:00pm	4x100m	G U-16	Final
89	6:10pm	4x100m	B U-16	Final
90	6:20pm	4x100m	G U-18	Final
91	6:30pm	4x100m	B U-18	Final
92	6:40pm	4x100m	G U-20	Final
93	6:50pm	4x100m	B U-20	Final
94	7:00pm	4x400m	Girls Open	Final
95	7:10pm	4x400m	Boys Open	Final