



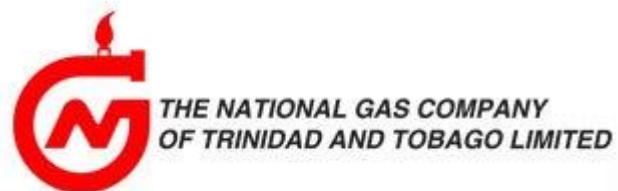
TRINIDAD AND TOBAGO
NATIONAL ASSOCIATION OF ATHLETICS
ADMINISTRATIONS
2014 NGC / SAGICOR GENERAL
SENIOR/OPEN CHAMPIONSHIPS
HASELY CRAWFORD STADIUM
PORT OF SPAIN, TRINIDAD
PROVISIONAL COMPETITION SCHEDULE



DAY ONE

FRIDAY 20TH JUNE 2014

NO.	TIME	EVENT	CATEGORY	ROUND
1.	5:30pm	10,000m	Men	Final
2.	6:00pm	400m	Women	Prelims
3.	6:15am	400m	Men	Prelims
4.	6:00pm	Hammer Throw	Women	Final
5.	6:00pm	Hammer Throw	Men	Final
6.	6:50pm	100m	Women	Prelims
7.	7:10pm	100m	Men	Prelims
14.	7:30pm	110m Hurdles	Men	Prelims





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PROVISIONAL COMPETITION SCHEDULE



DAY TWO

SATURDAY 21ST JUNE 2014

	2:00pm	OPENING CEREMONY		
8.	3:00pm	Shot Put	Men	Final
9.	3:00pm	High Jump	Women	Final
10.	3:00pm	Triple Jump	Women	Final
11.	3:00pm	100m	Decathlon	Final
12.	3:05pm	100m Hurdles	Heptathlon	Final
13.	3:10pm	100m Hurdles	Women	Final
14. a	3:20pm	110m Hurdles	Men	Final
15.	3:30pm	Javelin Throw	Women	Final
16.	3:30pm	1500m	Women	Final
12a	3:45pm	High Jump	Heptathlon	Final
17.	3:45pm	Long Jump	Men	Final
11a	3:45pm	Long Jump	Decathlon	Final
18.	3:45pm	1500m	Men	Final
19.	4:00pm	400m Hurdles	Men	Prelims
20.	4:15pm	3000m Steeplechase	Women	Final
Medal Presentation				
11b	4:30pm	Shot Put	Decathlon	Final
21.	4:30pm	3000m Steeplechase	Men	Final
6a	4:40pm	100m	Women	Semi Finals
7a	4:50pm	100m	Men	Semi Finals
22.	4:50pm	800m	Women	Prelims
12b	5:00pm	Shot Put	Heptathlon	Final
23.	5:00pm	800m	Men	Prelims
24.	5:10pm	5,000m	Women	Final
25.	5:25pm	Discus Throw	Women	Final
11c	5:25pm	High Jump	Decathlon	Final
Medal Presentation				
2a(i)	5:35pm	100m	Women	B Final
2a(ii)	5:40pm	100m	Women	A Final
3a(i)	5:45pm	100m	Men	B Final
3a(ii)	5:50pm	100m	Men	A Final
Medal Presentation				
12c	6:00pm	200m	Heptathlon	Final
11d	6:10pm	400m	Decathlon	Final
6b(i)	6:25pm	400m	Women	B Final
6b(ii)	6:30pm	400m	Women	A Final
7b(i)	6:40pm	400m	Men	B Final
7b(ii)	6:45pm	400m	Men	A Final





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PROVISIONAL COMPETITION SCHEDULE



DAY THREE

SUNDAY 22ND JUNE 2014

NO.	TIME	EVENT	CATEGORY	ROUND
11e	2:30pm	110m Hurdles	Decathlon	Final
12d	2:30pm	Long Jump	Heptathlon	Final
26.	2:30pm	Long Jump	Women	Final
27.	3:00pm	200m	Women	Prelims
11f	3:00pm	Discus Throw	Decathlon	Final
28.	3:00pm	Discus Throw	Men	Final
29.	3:00pm	Shot Put	Women	Final
30.	3:15pm	200m	Men	Prelims
31.	3:30pm	High Jump	Men	Final
11g	3:50pm	Pole Vault	Decathlon	Final
32.	3:50pm	Pole Vault	Men	Final
33.	3:55pm	100m	Women Masters	Final
34.	4:00pm	100m	Men Masters	Final
12e	4:00pm	Javelin Throw	Heptathlon	Final
Medal Presentation				
35.	4:05pm	400m Hurdles	Women	Final
36.	4:15pm	400m Hurdles	Men	Final
22a	4:25pm	800m	Women	Final
23a	4:35pm	800m	Men	Final
12f	4:40pm	800m	Heptathlon	Final
37.	5:00pm	Javelin Throw	Men	Final
11h	5:00pm	Javelin Throw	Decathlon	Final
38.	5:00pm	Triple Jump	Men	Final
27a(i)	5:10pm	200m	Women	B Final
27a(ii)	5:15pm	200m	Women	A Final
30a(i)	5:20pm	200m	Men	B Final
30a(ii)	5:25pm	200m	Men	A Final
INTERMISSION/Medal Presentation				
39.	5:50pm	5,000m	Men	Final
11i	6:10pm	1,500m	Decathlon	Final
Medal Presentation				
40	6:20pm	4x100m Relay	Women	Final
41	6:25pm	4x100m Relay	Men	Final
42	6:35pm	4x400m Relay	Women	Final
43	6:45pm	4x400m Relay	Men	Final
Medal Presentation				
CLOSURE				

