



NATIONAL ASSOCIATION OF ATHLETICS ADMINISTRATIONS
2014 COMBINED EVENTS CHAMPIONSHIPS
SATURDAY 28th – SUNDAY 29th JUNE
 HASELY CRAWFORD STADIUM
 PORT OF SPAIN, TRINIDAD
 LIST OF EVENTS



EVENT NO.	EVENT TITLE	CATEGORY	ELIGIBILITY	EVENTS
1	TRIATHLON (1) – Girls	UNDER 10	<ul style="list-style-type: none"> Boys and Girls born from 1 Jan. 2005 or later 	<ul style="list-style-type: none"> 60m Long Jump Ball Throw
2	TRIATHLON (2) – Boys			
3	TETRATHLON (1) – Girls	UNDER 12 (10-11)	<ul style="list-style-type: none"> Boys and Girls born from 1 Jan. 2003 – 31 Dec. 2004 	<ul style="list-style-type: none"> 60m Long Jump 800m Ball Throw
4	TETRATHLON (2) – Boys			
5	PENTATHLON – Girls (C.A.C. Age Group)	UNDER 14 (12-13)	<ul style="list-style-type: none"> Boys and Girls born from 1 Jan. 2001 – 31 Dec. 2002 	<ul style="list-style-type: none"> 60m 800m/1000m Long Jump High Jump Ball Throw
6	PENTATHLON – Boys (C.A.C. Age Group)			
7	HEPTATHLON A (1) – Girls (C.A.C. Age Group)	UNDER 16 (14-15)	<ul style="list-style-type: none"> Boys and Girls born from 1 Jan. 1999 – 31 Dec. 2000 	<ul style="list-style-type: none"> 80m 1000m/1200m 60mH (.76m)/80mH(.84m) Long Jump High Jump Ball Throw Shot Put(3kg)
8	HEPTATHLON A (2) – Boys (C.A.C. Age Group)			
9	DECATHLON – Boys	UNDER 18 (16-17)	<ul style="list-style-type: none"> Boys born from 1 Jan. 1997 – 31 Dec. 1998 	<ul style="list-style-type: none"> 100m Long Jump Shot Put(5kg) 400m 110mH(0.91m) High Jump Javelin Throw(700g) 1500m
10	HEPTATHLON B (1)	GIRLS UNDER 18 (16-17)	<ul style="list-style-type: none"> Boys born from 1 Jan. 1997 – 31 Dec. 1998 	<ul style="list-style-type: none"> 100mH(0.76)/(0.84m) High Jump Shot Put(3kg)/(4kg) 200m Long Jump Javelin Throw(500g)/(600g) 800m
11	HEPTATHLON B (2)	WOMEN (Open)	<ul style="list-style-type: none"> Born before 1 Jan. 1997 	
12	DECATHLON (1) – Boys	UNDER 20 (18-19)	<ul style="list-style-type: none"> Born from 1 Jan. 1995 – 31 Dec. 1996 	<ul style="list-style-type: none"> 100m Long Jump Shot Put (6/7.26kg) High Jump 400m 110mH(0.991m/1.076m) Discus Throw (1.75/2kg) Pole Vault Javelin Throw(800g) 1500m
13	DECATHLON (2) – Men	OPEN	<ul style="list-style-type: none"> Born before 1 Jan. 1995 	

2014 COMBINED EVENTS CHAMPIONSHIPS
RULES

1. All athletes registered with the National Association of Athletics Administrations of Trinidad and Tobago for 2014 are eligible for participation in the 2014 Combined Events Development Meet.
2. All athletes are required to participate in their club's official uniform.
3. The athlete's 2014 registration number must be worn in the front and the back of the uniform, except in the vertical jumps (i.e. High Jump and Pole Vault), where the athlete will be able to use a single number.
4. Except in cases where something else is specified, the IAAF competition rule book will be used.
5. The IAAF scoring tables for combined events and the CACAC age group combined events scoring tables will be used.

6. Sprint and Hurdle Events

For Heptathlon A1 – Girls (6 hurdles)

- *Start to 1st hurdle* 12.00metres
- *Between hurdles* 8.00metres
- *Last hurdle to finish line* 8.00metres

For Heptathlon A2 - Boys (8 hurdles)

- *Start to 1st hurdle* 13.00metres
- *Between hurdles* 8.50metres
- *Last hurdle to finish line* 7.50metres

All other hurdle events will be conducted under IAAF rules.

- For events One (1) – Eight (8), each competitor will have the right to take two (2) false starts; if the athlete takes the third false start the athlete will be disqualified. For all other events the IAAF rule applies.
- For all categories, the competitors in the track events will have to stay inside their assigned lane or could be disqualified for running outside it.
- In order to obtain points all competitors will have to complete each race. A competitor who falls will have to stand up and finish the race to accumulate points.

7. High Jump and Pole Vault

For events Five (5) – Eight (8), each competitor has a right to complete three (3) tries on each height, starting the jump in two consecutive occasions without completing the jump will constitute a try and will be taken as a foul.

The starting heights for the following categories will be as follows:

- *Pentathlon A1* *Girls 12-13* 80cms
- *Heptathlon A1* *Girls 14-15* 100cm
- *Pentathlon A2* *Boys 12-13* 90cms
- *Heptathlon A2* *Boys 14-15* 120cms

For the above categories the cross bar will be elevated as follows:

- *5cms until three (3) competitors are left.*
- *3cms until finish the event.*

For all other categories the bar will be set initially at the established height and shall be raised in increments as follows:

- Pole Vault - 10cm
- High Jump- 3cm

8. Long Jump

For events One (1) – Eight (8):

- *The takeoff board will be white and it must be 1.22m long and 30cm wide.*
- *The takeoff must be set at least 1.00m away from the landing pit.*
- *Each competitor will have the right to complete three (3) tries.*

All other long jump events will be conducted under IAAF rules.

2014 COMBINED EVENTS DEVELOPMENT MEET

RULES (continued)

9. **Throws**

Ball Throw

- *A 400g ball will be used.*
- *The throw must be executed over the shoulder.*
- *Each competitor will have the right to complete three (3) tries.*

Shot Put (Heptathlon A 1&2)

- *The Shot must have a weight of 3 kilograms.*
- *Each competitor will have the right to complete three (3) tries.*

All other throwing events will be conducted under IAAF rules.

10. Competitors in the combined events only have to report to the Call Room in the warm up area at the start of each day. A rest area, located in the stadium, for the athletes' use between events will be designated by the relevant referee. This rest area is considered to be the Call Room for all subsequent events on that day. All athletes are required to report to this area before the start of a particular event to undergo the final check.
11. Access to the athletes' rest area is restricted to competitors and persons authorized by the referee of the event.