

NO.	TIME	EVENT	CATEGORY	ROUND
1.	3:30	4x100 M	Girls Under 13	Final
2.	3:35	4x100 M	Boys Under 13	Final
3.	3:35	Javelin Throw	Women Open	Final
4.	3:35	High Jump	Men Open	Final
5.	3:40	4x100 M	Girls Under 15	Final
6.	3:45	4x100 M	Boys Under 15	Final
7.	3:50	Sprint Medley 100x100x200x400	Girls Under 17	Final
8.	3:55	Sprint Medley 100x100x200x400	Boys Under 17	Final
9.	4:00	Sprint Medley 100x100x200x400	Women Open	Final
10.	4:05	Sprint Medley 100x100x200x400	Men Open	Final
		AWARDS CEREMONY		
11.	4:15	110M Hurdles Invitational	Men Open	Final
12.	4:20	800M	Girls Under 17	Final
13.	4:25	800M	Boys Under 17	Final
14.	4:30	800M	Women Open	Final
15.	4:35	800M	Men Open	Final
16.	4:40	Shot Put	Women Open	Final
17.	4:40	Javelin	Men Open	Final
		AWARDS CEREMONY		
18.	4:55	400M Invitational	Girls Under 17	Final
19.	5:00	400M Invitational	Boys Under 17	Final
20.	5:00	400M Invitational	Women Open	Final
21.	5:00	400M Invitational	Men Open	Final
22.	5:05	3000M	Men Open	Final
23.	5:15	4x100M Mixed	Boys & Girls Under 9	Final
24.	5:20	4x100m Mixed	Boys & Girls Under 11	Final
		AWARDS CEREMONY		
25.	5:30	200M Invitational	Boys Under 20	Final
26.	5:35	200M Invitational	Men Open	Final
27.	5:40	1500M	Women Open	Final
28.	5:45	1500M	Men Open	Final
29.	5:50	100M Invitational	Boys Under 15	Final
30.	5:50	Shot Put	Men Open	Final
31.	5:50	Long Jump	Men Open	Final
32.	5:55	100M Invitational	Girls Under 15	Final
		AWARDS CEREMONY		Final
33.	6:00	100M Invitational	Masters Women	Final
34.	6:50	100M Invitational	Masters Men	Final
35.	6:10	100M Invitational	Girls Under 17	Final
36.	6:15	100M Invitational	Boys Under 17	Final
37.	6:20	100M Invitational	Boys Under 20	Final
38.	6:25	100M Invitational	Women	Final
39.	6:30	100M Invitational	Men	Final
		AWARDS CEREMONY		Final
40.	6:40	4x400 M	Boys Under 17	Final
41.	6:45	4x400 M	Women Open	Final
42.	6:50	4x400 M	Men Open	Final
		AWARDS CEREMONY		