



TRINIDAD AND TOBAGO
NATIONAL ASSOCIATION OF ATHLETICS ADMINISTRATIONS
2013 NATIONAL OPEN CHAMPIONSHIPS



HASELY CRAWFORD STADIUM

PORT OF SPAIN, TRINIDAD

REVISED SCHEDULE

DAY ONE

FRIDAY 21ST JUNE 2013

NO.	TIME	EVENT	CATEGORY	ROUND
1.	5:30pm	10,000m	Men	Cancelled
21.	6:00pm	800m	Women	Prelims
22.	6:15am	800m	Men	Prelims
2.	6:00pm	Hammer Throw	Women	Final
25.	6:00pm	Hammer Throw	Men	Final
13.	6:50pm	100m	Women	Prelims
15.	7:10pm	100m	Men	Prelims
2.	7:30pm	400m	Women	Prelims
3.	7:45pm	400m	Men	Prelims



TRINIDAD AND TOBAGO
NATIONAL ASSOCIATION OF ATHLETICS ADMINISTRATIONS



2013 NATIONAL OPEN CHAMPIONSHIPS

HASELY CRAWFORD STADIUM

PORT OF SPAIN, TRINIDAD

PROVISIONAL COMPETITION SCHEDULE

DAY TWO

SATURDAY 22nd JUNE 2013

	2:00pm	OPENING CEREMONY		
3.	3:00pm	Shot Put	Men	Final
4.	3:00pm	High Jump	Women	Final
5.	3:00pm	Triple Jump	Women	Final
6.	3:00pm	100m	Decathlon	Final
7.	3:05pm	100m Hurdles	Heptathlon	Final
8.	3:10pm	100m Hurdles	Women	Final
9.	3:20pm	110m Hurdles	Men	Final
10.	3:30pm	Javelin	Women	Final
14.	3:30pm	1500m	Women	Finals
9a	3:45pm	High Jump	Heptathlon	Final
16.	3:45pm	Long Jump	Men	Final
8a	3:45pm	Long Jump	Decathlon	Final
17.	3:45pm	1500m	Men	Final
18.	4:00pm	400m Hurdles	Men	Semi Final
19.	4:15pm	3000m Steeplechase	Women	Final
Medal Presentation				
8b	4:30pm	Shot Put	Decathlon	Final
20	4:30pm	3000m Steeplechase	Men	Final
13a.	4:40pm	100m	Women	Semi Final
15a.	4:50pm	100m	Men	Semi Finals
9b	5:00pm	Shot Put	Heptathlon	Final
23.	5:10pm	5,000m	Women	Final
24.	5:25pm	Discus Throw	Women	Final
8c	5:25pm	High Jump	Decathlon	Final
Medal Presentation				
2a	5:35pm	400m	Women	B Final
2b.	5:40pm	400m	Women	A Final
3a.	5:45pm	400m	Men	B Final
3b	5:50pm	400m	Men	A Final
Medal Presentation				
9c	6:00pm	200m	Heptathlon	Final
8d	6:10pm	400m	Decathlon	Final
13a	6:25pm	100m	Women	B Final
13b.	6:30pm	100m	Women	A Final
15a	6:40pm	100m	Men	B Final
15b.	6:45pm	100m	Men	A Final



TRINIDAD AND TOBAGO

NATIONAL ASSOCIATION OF ATHLETICS ADMINISTRATIONS

2013 NATIONAL OPEN CHAMPIONSHIPS



HASELY CRAWFORD STADIUM

PORT OF SPAIN, TRINIDAD

PROVISIONAL COMPETITION SCHEDULE

DAY THREE

SUNDAY 23rd JUNE 2013

NO.	TIME	EVENT	CATEGORY	ROUND
8e	2:30pm	110m Hurdles	Decathlon	Final
9d	2:30pm	Long Jump	Heptathlon	Final
26	2:30pm	Long Jump	Women	Final
27	3:00pm	200m	Women	Prelims
8f	3:00pm	Discus Throw	Decathlon	Final
28	3:00pm	Discus Throw	Men	Final
29	3:00pm	Shot Put	Women	Final
30	3:15pm	200m	Men	Semi Finals
31	3:30pm	High Jump	Men	Final
8g	3:50pm	Pole Vault	Decathlon	Final
32	3:50pm	Pole Vault	Men	Final
33	3:55pm	100m	Masters Women	Final
34	4:00pm	100m	Masters Men	Final
9e	4:00pm	Javelin Throw	Heptathlon	Final
Medal Presentation				
35	4:05pm	400m Hurdles	Women	Final
18a	4:15pm	400m Hurdles	Men	Final
21a	4:25pm	800m	Women	Final
22a	4:35pm	800m	Men	Final
9f	4:40pm	800m	Heptathlon	Final
36	5:00pm	Javelin Throw	Men	Final
8h	5:00pm	Javelin Throw	Decathlon	Final
37	5:00pm	Triple Jump	Men	Final
27a	5:10pm	200m	Women	B Final
27b	5:15pm	200m	Women	A Final
30a	5:20pm	200m	Men	B Final
30b	5:25pm	200m	Men	A Final
INTERMISSION/Medal Presentation				
38	5:50pm	5,000m	Men	Final
8i		1500m	Decathlon	Final
Medal Presentation				
39	6:20pm	4x100m Relay	Men	Final
40	6:25pm	4x100m Relay	Women	Final
41	6:35pm	4x400m Relay	Women	Final
42	6:45pm	4x400m Relay	Men	Final
Medal Presentation				
CLOSURE				